

# NOTES

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# WELCOME TO MAT

Welcome to the Medication Assisted Treatment program at The Forrester Center. We are so glad you have chosen to partner with us for your recovery. Please find lots of valuable information here that will help you as you get adjusted to the MAT program. If you ever have any questions or concerns, do not hesitate to reach out to your counselor or any of the MAT staff.

129 DILLON DRIVE  
SPARTANBURG, SC 29307

864.582.7588

MAT RECEPTION DESK:  
(864) 707-2844

MAT FAX: (864) 707-2892

## OUR PHILOSOPHY

Here at The Forrester Center, our Medication Assisted Treatment program is here to provide the highest quality services that meet your needs. We understand that substance use disorders, particularly opiates and alcohol, present a lot of challenges. We understand that you are an individual with your own needs and wants when it comes to your treatment. We also have a lot of experience, and hope you will work with us to build a plan that will work for you. We know that at first, the value of therapy (group or individual) is often not something everyone wants to do. We ask you to trust us as your partner when we refer you to therapy, because our long track record proves over and over again, that it works. Medication alone will work for a time, but working with our clinicians and peer recovery coaches is where the magic of recovery happens.

## NEXT STEPS

- 1** When you come for the first time, you will meet with a Medical Assistant. The MA will get you started by taking your vitals and completing any other screens including urine test and required blood work; you will also be provided with a Narcan kit. You will touch base with a counselor to begin orientation. You may meet with the Nurse Practitioner right away or the next day.
- 2** After receiving a first prescription from the Nurse Practitioner, you must have an Assessment. You may schedule your assessment with one of the counselors here in MAT, or come in during agency walk in hours, M-Th 8am -2pm. It is first come first served, so try to arrive early. It is important that you complete this step to continue with MAT services. This is due to regulations that even we can't control.
- 3** You will be assigned a counselor and peer recovery coach who will work with you during your time in MAT. Your first appointment with your counselor will be to plan your care. Again, this is a regulation, so please attend the session as scheduled. Your counselor will also discuss recommendations for your treatment. We hope you can be open and willing.
- 4** Attending therapy will make the difference in how successful you are. Be honest about your concerns and barriers and we will work hard to assist you. Your coach is there to walk along side you to help you navigate the ups and downs of early recovery. Remember - We are on your side!

***“Though no one can go back and make a brand new start, anyone can start from now and make a brand new ending.”***

***– James R. Sherman, Author***



## RECOVERY SUPPORT

You will be connected with a Peer Recovery Coach that can help you cultivate your new recovery lifestyle. Our Recovery Coaches have experience living in addiction and understand what resources play a critical role in long-term recovery efforts. Some examples of these resources include mutual aid meetings, such as Favor and 12-step, food banks and clothing centers, and sober living environments and shelters.